

#### KAKATIYA INSTITUTE OF TECHNOLOGY & SCIENCE

Opp : Yerragattu Gutta, Hasanparthy (Mandal), WARANGAL - 506015, TELANGANA, INDIA काकतीय प्रौद्योगिकी एवं विज्ञान संस्थान, वरंगल - ५०६०१५, तेलंगाना, भारत కాకతీయ సాంకేతిక విజ్ఞాన శాస్త్ర విద్యాలయం, వరంగర - గంఒ ందిన తెలంగాణ, భారతదేశము

(An Autonomous Institute under Kakatiya University, Warangal)

(Approved by AICTE, New Delhi; Recognised by UGC under 2(f) & 12(B); Sponsored by EKASILA EDUCATION SOCIETY)

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# Report of Webinar on "EMOTIONAL INTELLIGENCE IN LEADERSHIP"

#### Respected Sir,

At the origin of the virtual webinar on "Emotional Intelligence in Leadership" would like to express their thankfulness for all the technical and motivational support given for successful conduction of IEEE Women In Engineering KITSW Student Branch on 18th November 2022 on the occasion of Sumshodhini'22 – a national level symposium by Kakatiya institute of Technology & Science, Warangal.

The total number of participants registered for this webinar is 30 among which all 29 people have attended for the webinar session. These participants are from different IEEE student's branches and from different engineering colleges hailing from other institutions.

At the end of the webinar the certificate of participation has been issued to every participant who had attended the session.

We are very delighted to bring to your kind notice that the webinar is well regarded by many of the student participants who attended the session for 100% attendance.

The team of IEEE WIE KITSW SB express their sincere gratitude to all the academic and administrative authorities namely Prof. K. Ashoka Reddy, Principal, KITSW; Prof. G. Raghotham Reddy, Dean (SA); Sri. M. Narsimha Rao, Assoc. Dean (SA); Smt. S. P. Girija (WIE Chapter Advisor) IEEE KITSW SB & Associate Professor in ECE, KITSW; Smt. R. Nirmala Devi (Interm Branch Counselor) IEEE KITSW SB & Associate Professor in EIE, KITSW.

Thanking You.

Yours faithfully,

- P. Koushik Kamal (IEEE KITSW SB Chairman)
- L. Hima Varsha (WIE KITSW SB Chairperson)

**Enclosed:** 

- 1. Brief Details of the Webinar
- 2. Webinar Poster
- 3. Snapshot of the Event
- 4. The model copies of Certificates issued to the participants
- 5. List of Participants

#### **Brief Details of the Webinar**

The Webinar was organized to uncover the power of emotional intelligence in leadership, and challenge leaders to tap into next-level intelligence to practice better self-management and handle interpersonal relationships judiciously empathetically. The main aim of the webinar is to motivate about the important role emotions play throughout your work interactions and performance, Specific ways to leverage your emotional intelligence skills to improve leadership effectiveness, Strategies and tools you can use right away to regulate your emotional response to triggers, and The importance of practicing empathy by imagining yourself in someone else's shoes. Teaching people to better understand and use emotions underpins growth as a leader and the development of a variety of intrapersonal and interpersonal competencies. Emotional intelligence is defined as the ability to understand and manage your own emotions, as well as recognize and influence the emotions of those around you. The most effective leaders are all alike in one crucial way: They all have a high degree of what has come to be known as emotional intelligence. It's not that IQ and technical skills are irrelevant. They do matter, but...they are the entry-level requirements for executive positions.

Emotional intelligence is typically broken down into four core competencies. They are Self-Awareness, Self-Management, Social-Awareness, and Relationship Management. Self-awareness is at the core of everything. It describes your ability to not only understand your strengths and weaknesses, but to recognize your emotions and the effect they have on you and your team's performance. In order to bring out the best in others, you first need to bring out the best in yourself, which is where self-awareness comes into play. One easy way to assess your self-awareness is by completing 360-degree feedback, in which you evaluate your performance and then match it up against the opinions of your boss, peers, and direct reports. Through this process, you'll gain insights into your own behaviour and discover how you're perceived in the organization. According to research by organizational psychologist Tasha Eurich, 95 percent of people think they're self-aware, but only 10 to 15 percent actually are, and that can pose problems for your employees. Working with colleagues who aren't self-aware can cut a team's success in half and, according to Eurich's research, lead to increased stress and decreased motivation.

Self-management refers to the ability to manage your emotions, particularly in stressful situations, and maintain a positive outlook despite setbacks. Leaders who lack self-management tend to react and have a harder time keeping their impulses in check.Leaders who excel in social awareness practice empathy. They strive to understand their colleagues' feelings and perspectives, which enables them to communicate and collaborate more effectively with their peers.A reaction tends to be automatic. The more in tune you are with your emotional intelligence, however, the easier you can make the transition from reaction to response. It's important to

remember to pause, breathe, collect yourself, and do whatever it takes to manage your emotions—whether that means taking a walk or calling a friend—so that you can more appropriately and intentionally respond to stress and adversity.

Relationship management refers to your ability to influence, coach, and mentor others, and resolve conflict effectively. Some prefer to avoid conflict, but it's important to properly address issues as they arise. Research shows that every unaddressed conflict can waste about eight hours of company time in gossip and other unproductive activities, putting a drain on resources and morale. Global leadership development firm DDI ranks empathy as the number one leadership skill, reporting that leaders who master empathy perform more than 40 percent higher in coaching, engaging others, and decision-making. In a separate study by the Center for Creative Leadership, researchers found that managers who show more empathy toward their direct reports are viewed as better performers by their boss. By communicating with empathy, you can better support your team, all while improving your individual performance.

IEEE SAC Chair 2022,IEEE Hyderabad Section, Secretary, IEEE Education Society, Secretary, ACM Deccan Hyderabad Chapter & Department of Electronics and Communication Engineering, BVRIT HYDERABAD College of Engineering for Women,(BVRW) 2019,2020 Secretary/Treasurer, IEEE Education Society, IEEE Hyderabad Section. 2020,Excom Member for IEEE CIS GRSS Joint Chapter.2021 Student Chapter Coordinator, Computer Society of India, Hyderabad Chapter.

The webinar, in a parallel manner, resolved the queries posed by the audience through the chat option and comment option established by the organizers as an open channel for the audience to interact and gave an opportunity to resolve their queries.

#### **Webinar Poster**



# **Snapshot of Webinar session**



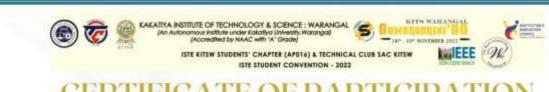








### Certificates issued to the participants



### TFICATE OF PARTICIPATION

No:

This certificate is awarded to

for their active participation in the event, Webinar on "Emotional intelligence in Leadership" conducted by IEEE & WIE KITS Warangal Student Branch during SUMSHODHINI'22 at Kakatiya Institute of Technology and Science, Warangal on 18th November

Smt. S. P. Girija S VIE Chapter Advisar, IEEE RITSW SE Intrim bra Assoc, Prof in ECE Dept, RITSW Assoc

# **List of Participants**

| S.No | Name             | College Name                                  |
|------|------------------|---|
| 1    | CH. SAHASRA      | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 2    | A. SINDHU        | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 3    | P. SRINISH REDDY | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 4    | B. SRAVAN        | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 5    | MD. SAMEER       | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 6    | G. SIDDU         | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 7    | P. SHIVA KUMAR   | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 8    | SANDEEP          | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 9    | SURENDER         | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 10   | VINAY REDDY      | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 11   | VENKATESH        | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 12   | SATHWIK          | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 13   | KAVYA SRI        | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 14   | RUTHWIK          | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
|      | -                |   |
| 15   | RAJ VAMSHI       | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 16   | GOUTHAM          | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 17   | PRANAVI          | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 18   | EUNICE           | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 19   | SAI CHAND        | CHAITANYA DEGREE COLLEGE                      |
| 20   | GANESH           | CHAITANYA DEGREE COLLEGE                      |

| 15 | RAJ VAMSHI   | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
|----|--------------|---|
| 16 | GOUTHAM      | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 17 | PRANAVI      | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 18 | EUNICE       | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 19 | SAI CHAND    | CHAITANYA DEGREE COLLEGE                      |
| 20 | GANESH       | CHAITANYA DEGREE COLLEGE                      |
| 21 | VENU MADHAV  | CHAITANYA DEGREE COLLEGE                      |
| 22 | SAI KUMAR    | CHAITANYA DEGREE COLLEGE                      |
| 23 | THIRDHASREE  | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 24 | J. SREEVALLI | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 25 | CH. VIGNESH  | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 26 | G. VISHNU    | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 27 | K. KEERTHANA | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 28 | M. AKSHITHA  | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |
| 29 | DAKSHITHA    | KAKATIYA INSTITUTE OF TECHNOLOGY AND SCIENCES |